

## Ambulatory Referral to Duke Adult Diabetes Education Program

Select desired clinic **location**:

\_\_\_\_ Duke Hospital Endocrine Clinic 1A (Durham)    \_\_\_\_ Brier Creek Endocrine Clinic (Raleigh)

**Patient Information:**

Name \_\_\_\_\_ DOB \_\_\_\_\_ MRN \_\_\_\_\_

**Diagnosis:**

\_\_ Type 1 DM    \_\_ Type 2 DM    \_\_ Gestational DM    \_\_ Pre-existing DM w/ preg    \_\_ Pre-diabetes    \_\_ Other

Reason for Referral /Provider Comments:

**Identify Barriers to group education**

\_\_ No barriers    >>>>>    **\*proceed to Group Class selections**

\_\_ Identified barriers >>>    **\*\*proceed to Individual Consult selections**

|                           |                                 |                              |                               |
|---------------------------|---------------------------------|------------------------------|-------------------------------|
| <u>__ Low Literacy</u>    | <u>__ Impaired vision</u>       | <u>__ Impaired hearing</u>   | <u>__ Mental Health issue</u> |
| <u>__ Requires oxygen</u> | <u>__ Language barrier</u>      | <u>__ Eating disorder</u>    | <u>__ Learning disabled</u>   |
| <u>__ Pregnancy</u>       | <u>__ Transportation issues</u> | <u>__ Immuno-compromised</u> | <u>__ other _____</u>         |

**\*GROUP CLASSES:**

- Comprehensive Diabetes Education Program –up to 10 hours of education consisting of group classes (see below) plus additional 1:1 follow up visits:
  - Diabetes Getting Savvy Class (**#202**)
  - Diabetes Nutrition and Carb Counting Class (**#20424**)
- Nutrition for Pre-Diabetes/PCOS (**#20425**)

**\*\*INDIVIDUAL CONSULTS:**

- Comprehensive Diabetes Education Program (pts with identified barriers)  
Diabetes Nurse Education (**#199**) **PLUS** Nutrition Education (**#304**)

Appointment with **NURSE EDUCATOR (RN)**

- Diabetes Nurse Education (**#199**)  
**Select reason for visit below:**
  - \_\_ Newly Diagnosed Diabetes
  - \_\_ Recent diabetes related hospitalization
  - \_\_ Insulin Instruction
  - \_\_ Frequent hypoglycemia
  - \_\_ Diabetes & Pregnancy
  - \_\_ Change in diabetes treatment plan
  - \_\_ Other \_\_\_\_\_

Appointment with **DIETITIAN EDUCATOR (RD)**

- Nutrition Education (**#304**)  
**Select reason for visit below:**
  - \_\_ Diabetes Meal Plan / Carb Counting
  - \_\_ Insulin to Carb Ratio
  - \_\_ Reactive Hypoglycemia
  - \_\_ Gastroparesis with diabetes
  - \_\_ Celiac Disease with diabetes
  - \_\_ Renal Disease with diabetes
  - \_\_ Elevated lipids with diabetes
  - \_\_ Diabetes & Pregnancy
  - \_\_ Gestational Diabetes
  - \_\_ Other \_\_\_\_\_

Referring Provider (print/sign) \_\_\_\_\_ Date: \_\_/\_\_/\_\_

Scheduler Initials: \_\_\_\_\_ completed on (date): \_\_\_\_\_

**Please fax referral to Duke University's Endocrine appointment Hub: 919-479-2661**